TCU STUDY ABROAD PRE-DEPARTURE CHECKLIST

OFFICIAL DOCUMENTS & NECESSITIES
☐ Passport (Please make sure your passport is signed)
☐ Photocopies of the photo and signature pages of your passport (Packed separately)
☐ Airline ticket/e-ticket itinerary and photocopy (Packed separately)
☐ ATM card, credit card, local currency
☐ List of credit card numbers, important phone numbers, etc. (Leave a reference copy with a friend or family member in the U.S.)
☐ Health insurance policy card

MISCELLANEOUS PERSONAL ITEMS
☐ An outlet adapter
☐ Prescription medications in their original containers and copies of the prescriptions (Packed in your carry-on bag)
☐ Extra prescriptions for medications, glasses and contact lenses (Enough for the length of your stay)
☐ Phone numbers and addresses for friends and family
☐ Health kit containing aspirin, bandages, etc.
☐ Over the counter medicines that may not be available abroad
☐ Dietary supplements (protein bars, vitamins, etc.) especially for vegetarians
☐ Towel (if not provided in your housing)
☐ Toiletries (TSA compliant)
☐ Shower shoes
☐ Small folding umbrella and/or rain jacket
☐ Camera (USB cords, chargers and extra memory cards)
☐ Phone charger
☐ Journal
☐ Small travel bag for weekend trips/Travel wallet/Money belt
☐ Maps, guidebooks, and budget travel guides (Lonely Planet)
☐ Reusable water bottle

SCHOOL SUPPLIES
☐ Backpack or bookbag
☐ Textbooks (If they are to be purchased in U.S.)
☐ Language dictionary
☐ Pens, pencils, notebooks
☐ USB flash drive

Don't forget to pack photos or small personal objects that will help you feel comfortable away from home.