
TCU STUDY ABROAD PRE-DEPARTURE CHECKLIST

OFFICIAL DOCUMENTS & NECESSITIES

- Passport (Please make sure your passport is signed)
- Photocopies of the photo and signature pages of your passport (Packed separately)
- Airline ticket/e-ticket itinerary and photocopy (Packed separately)
- ATM card, credit card, local currency
- List of credit card numbers, important phone numbers, etc. (Leave a reference copy with a friend or family member in the U.S.)
- Health insurance policy card

MISCELLANEOUS PERSONAL ITEMS

- An outlet adapter
- Prescription medications in their original containers and copies of the prescriptions (Packed in your carry-on bag)
- Extra prescriptions for medications, glasses and contact lenses (Enough for the length of your stay)
- Phone numbers and addresses for friends and family
- Health kit containing aspirin, bandages, etc.
- Over the counter medicines that may not be available abroad
- Dietary supplements (protein bars, vitamins, etc.) especially for vegetarians
- Towel (if not provided in your housing)
- Toiletries (TSA compliant)
- Shower shoes
- Small folding umbrella and/or rain jacket
- Camera (USB cords, chargers and extra memory cards)
- Phone charger
- Journal
- Small travel bag for weekend trips/Travel wallet/Money belt
- Maps, guidebooks, and budget travel guides (Lonely Planet)
- Reusable water bottle

SCHOOL SUPPLIES

- Backpack or bookbag
- Textbooks (If they are to be purchased in U.S.)
- Language dictionary
- Pens, pencils, notebooks
- USB flash drive

Don't forget to pack photos or small personal objects that will help you feel comfortable away from home.



NOTES: